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Smart Ventilator with Patient Monitoring System

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ABSTRACT: A Smart Ventilator equipped with a comprehensive patient monitoring system for continuous assessment of vital signs. The system utilizes an Arduino microcontroller as the central processing unit to orchestrate the monitoring and control functions. Patient vitals, including temperature and heartbeat, are continuously monitored and displayed locally on a 16x2 LCD screen using LM35 temperature sensor and pulse sensor modules, respectively. The system is designed to promptly alert medical personnel in case of critical temperature levels through SMS notifications facilitated by the SIM800L GSM modem. Additionally, patient temperature data is transmitted to the Thing Speak cloud platform via GSM TCP/IP protocol for remote monitoring and archival purposes. A key feature of the ventilator system is its ability to autonomously regulate ventilation cycles. This is achieved through the integration of a geared DC motor mechanism, which compresses and relaxes the Bag Valve Mask (BVM) ambu bag of the ventilator. The Arduino controller coordinates the motor's operation based on predefined algorithms, ensuring proper ventilation support for the patient.

KEYWORDS: LM35 temperature sensor, pulse sensor, Internet of things, Arduino ICE, SIM800L GSM modem

I. INTRODUCTION

In the realm of respiratory therapy and critical care medicine, Continuous Positive Airway Pressure (CPAP) has emerged as a cornerstone therapeutic modality for managing a variety of respiratory conditions. CPAP is a non-invasive ventilation technique that delivers a constant level of positive airway pressure throughout the respiratory cycle, helping to maintain lung volume and improve oxygenation without the need for invasive procedures such as endotracheal intubation. CPAP therapy is widely utilized in the treatment of conditions such as obstructive sleep apnea (OSA), acute respiratory distress syndrome (ARDS), chronic obstructive pulmonary disease (COPD), and other respiratory disorders characterized by airway collapse or breathing difficulties. By providing a continuous flow of pressurized air, CPAP devices effectively splint open the airways, prevent collapse, and alleviate symptoms such as snoring, gasping, and nocturnal hypoxemia. As the understanding of respiratory physiology and the technology behind ventilator CPAP continues to evolve, so too does its clinical utility and application across a diverse spectrum of patient populations. From chronic management of sleep-disordered breathing to acute respiratory support in critical care settings, CPAP remains a vital tool in the armamentarium of respiratory care professionals, contributing to improved patient outcomes and quality of life.

INTRODUCTION TO PATIENT MONITORING SYSTEM: In modern healthcare, the ability to continuously monitor patient vital signs and health parameters plays a pivotal role in enhancing clinical decision-making, improving patient outcomes, and ensuring timely intervention when necessary. Patient monitoring systems encompass a diverse array of technologies and methodologies designed to capture, analyze, and interpret physiological data in real-time, providing healthcare providers with valuable insights into a patient's condition. These systems have evolved significantly over the years, spurred by advancements in sensor technology, wireless communication, and data analytics. Today, patient monitoring extends beyond the confines of traditional bedside monitors, encompassing wearable devices, remote monitoring solutions, and cloud-based platforms that enable seamless data integration and accessibility across healthcare settings. The primary goal of patient monitoring systems is to track and trend key physiological parameters essential for assessing a patient's health status and response to treatment. These parameters

may include vital signs such as heart rate, blood pressure, respiratory rate, temperature, oxygen saturation, and electrocardiographic (ECG) waveforms, among others. By continuously monitoring these metrics, healthcare providers can detect early signs of deterioration, identify trends indicative of clinical deterioration or improvement, and tailor interventions accordingly.

INTRODUCTION TO INTERNET OF THINGS: The Internet of things (IoT) describes the network of physical object “things” that are embedded with sensors, software, and other technologies for the purpose of connecting and exchanging data with other devices and systems over the Internet. The definition of the Internet of things has evolved due to the convergence of multiple technologies, real-time analytics, machine learning, commodity sensors, and embedded systems. Traditional fields of embedded systems, wireless sensor networks, control systems, automation (including home and building automation), and others all contribute to enabling the Internet of things. In the consumer market, IoT technology is The primary goal of patient monitoring systems is to track and trend key physiological parameters essential for assessing a patient's health status and response to treatment. These parameters may include vital signs such as heart rate, blood pressure, respiratory rate, temperature, oxygen saturation, and electrocardiographic (ECG) waveforms, among others. By continuously monitoring these metrics, healthcare providers can detect early signs of deterioration, identify trends indicative of clinical deterioration or improvement, and tailor interventions accordingly.

INTRODUCTION TO ARDUINO IDE: The Arduino Integrated Development Environment (IDE) is a cross-platform application (for Windows, macOS, Linux) that is written in functions from C and C++. It is used to write and upload programs to Arduino compatible boards, but also, with the help of third-party cores, other vendor development boards. The source code for the IDE is released under the GNU General Public License, version 2. The Arduino IDE supports the languages C and C++ using special rules of code structuring. The Arduino IDE supplies a software library from the Wiring project, which provides many common input and output procedures. User-written code only requires two basic functions, for starting the sketch and the main program loop, that are compiled and linked with a program stub main() into an executable cyclic executive program with the GNU tool chain, also included with the IDE distribution. The Arduino IDE employs the program avrdude to convert the executable code into a text file in hexadecimal encoding that is loaded into the Arduino board by a loader program in the board's firmware. By default, avrdude is used as the uploading tool to flash the user code onto official Arduino boards.

INTRODUCTION TO PROTEUS DESIGN SUITE: The Proteus Design Suite is a proprietary software tool suite used primarily for electronic design automation. The software is used mainly by electronic design engineers and technicians to create schematics and electronic prints for manufacturing printed circuit boards.

II. EXISTING SYSTEM

Currently, traditional ventilator systems are employed in healthcare settings to provide mechanical ventilation support to patients with respiratory insufficiency or failure. These systems typically consist of mechanical components controlled by pneumatic or electronic systems, delivering predetermined tidal volumes and respiratory rates to maintain adequate gas exchange. While traditional ventilators offer vital respiratory support, they often lack integrated patient monitoring capabilities beyond basic parameters such as airway pressure and flow. Continuous monitoring of patient vitals such as temperature and heart rate typically requires separate standalone monitoring devices, which may not always provide real-time data integration or automated alerting mechanisms. Moreover, in the absence of automated notification systems, healthcare providers rely on manual observation and periodic checks to identify critical changes in patient condition, which can lead to delays in intervention and potentially adverse outcomes. In the context of remote patient monitoring, existing solutions often rely on separate telemetry systems or proprietary platforms for data transmission and analysis, which may lack interoperability and require additional infrastructure and resources for deployment. Furthermore, the automation of ventilator compression and relaxation mechanisms, particularly in the context of Bag Valve Mask (BVM) ambu bag ventilation, is limited in conventional ventilator systems. Manual adjustment of ventilation parameters by healthcare personnel is typically required, leading to potential variability and inefficiencies in ventilation support. Overall, while traditional ventilator systems provide essential respiratory support, there exists a need for integrated patient monitoring capabilities, automated alerting systems, and remote monitoring functionalities to enhance clinical decision-making, improve patient outcomes, and streamline healthcare delivery. The proposed Smart Ventilator with patient monitoring system aims to address these limitations by combining advanced

monitoring technologies, automated alerting mechanisms, and cloud-based data transmission for comprehensive respiratory support and patient care management.

DRAWBACKS:

- Limited Patient Monitoring:** Traditional ventilator systems lack integrated patient monitoring capabilities beyond basic parameters such as airway pressure and flow. This limitation restricts the ability to continuously monitor vital signs such as temperature and heart rate, which are crucial indicators of patient health status.
- Manual Notification Process:** In the absence of automated notification systems, healthcare providers rely on manual observation and periodic checks to identify critical changes in patient condition. This manual process can lead to delays in intervention and potentially compromise patient safety.
- Lack of Remote Monitoring:** Existing solutions for remote patient monitoring often rely on separate telemetry systems or proprietary platforms for data transmission and analysis. This lack of interoperability may hinder seamless remote monitoring and data integration across healthcare settings.
- Limited Automation in Ventilation:** Conventional ventilator systems may require manual adjustment of ventilation parameters by healthcare personnel, leading to potential variability and inefficiencies in ventilation support. Automation of ventilation processes, especially in the context of BVM ambu bag ventilation, is limited.

III. PROPOSED SYSTEM

The proposed Smart Ventilator with Patient Monitoring System aims to address the limitations of traditional ventilator systems by integrating advanced monitoring capabilities, automated alerting mechanisms, and remote monitoring functionalities. The system is designed to provide comprehensive respiratory support while continuously monitoring patient vitals and facilitating timely intervention in case of critical events.

Smart Ventilator: The core component of the system is a smart ventilator equipped with a geared DC motor mechanism to automate the compression and relaxation of the Bag Valve Mask (BVM) ambu bag. This automation ensures consistent and controlled ventilation support for the patient, minimizing the need for manual adjustment by healthcare personnel.

Patient Monitoring Sensors: Integrated LM35 temperature sensor and pulse sensor modules continuously monitor patient vitals, including temperature and heartbeat. These sensors provide real-time data feedback, allowing healthcare providers to assess patient condition and response to treatment.

Real-time IOT Monitoring: The stretcher integrates real-time IOT monitoring, providing healthcare professionals within valuable insights. This data-driven approach enhances decision-making by offering immediate information on the stretcher's status, optimizing workflow management within healthcare environments.

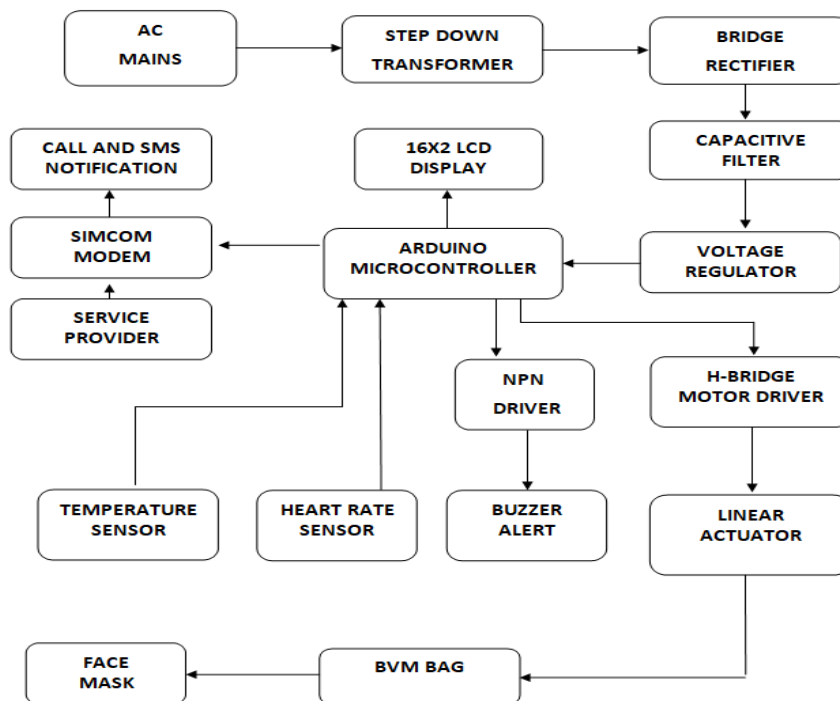
Local Display and Alerting: Patient vital signs are displayed locally on a 16x2 LCD screen, providing immediate visualization for healthcare providers. In the event of critical temperature readings, an automated alerting mechanism triggers SMS notifications to notify doctors using the SIM800L GSM modem. This ensures timely intervention and patient care.

Remote Monitoring via ThingSpeak Cloud: Patient temperature data is transmitted to the ThingSpeak cloud platform using GSM TCP/IP protocol, enabling remote monitoring and data analysis. Authorized personnel can access real-time patient information from any location with internet connectivity, facilitating proactive management and decision-making.

Arduino Microcontroller: The Arduino microcontroller serves as the central processing unit, orchestrating the monitoring functions, data processing, and communication protocols. It ensures seamless integration and operation of the system components, facilitating efficient data management and control.

The proposed system provides comprehensive respiratory support while continuously monitoring vital signs, enabling proactive management of patient health and early detection of adverse events. Automation of ventilation processes and real-time monitoring reduce the burden on healthcare personnel, improving workflow efficiency and optimizing resource utilization. Automated alerting mechanisms ensure timely notification of critical events, enabling healthcare providers to intervene promptly and mitigate potential risks to patient safety. Overall, the proposed Smart Ventilator with Patient Monitoring System represents a significant advancement in respiratory care, leveraging technology to improve patient outcomes, streamline clinical workflows, and enhance the delivery of healthcare services.

VBLOCK DAIGRAM



Block Diagram of Smart Ventilator with Patient Monitoring

V. PROPOSED SYSTEM

The proposed Smart Ventilator with Patient Monitoring System aims to address the limitations of traditional ventilator systems by integrating advanced monitoring capabilities, automated alerting mechanisms, and remote monitoring functionalities. The system is designed to provide comprehensive respiratory support while continuously monitoring patient vitals and facilitating timely intervention in case of critical events. The block diagram for the "Smart ventilator with patient monitoring system" project can be summarized as follows:

Input Devices:

- **BVM :** Bag valve mask which used to provide respiratory support to patients in emergency condition

- **Sensors:** Temperature Sensor, Heart beat sensor which detect patient temperature and pulse rate within the hospital.
- **Control Unit:** Arduino: Acts as the main control unit that receives inputs from the IOT sensors and coordinates the operation of the system, including stretcher movement and sanitization.
- **Output Devices:**
- **SIMCOM GSM Modem:** The GSM Modem used to communicate and develop embedded application like SMS control, data transfer, remote control and logging can be developed easily.
- **Geared DC Motor:** It is light weight motor used for portable power tools.
- **16x2 LCD Display:** Provides real-time information about the system's status, including patient occupancy, environmental conditions, and sanitization progress.
- **Buzzer:** Generates audible alerts to notify hospital staff of emergencies or system malfunctions.

VI. WORKING METHODOLOGY

The implementation of the Smart Ventilator with Patient Monitoring System yielded promising results in terms of its functionality, performance, and potential clinical impact. Through rigorous testing and evaluation, several key findings emerged, paving the way for further refinement and optimization of the system. The system demonstrated robust functionality in continuously monitoring patient vitals, including temperature and heartbeat, using LM35 temperature sensor and pulse sensor modules. Real-time data feedback was accurately displayed on the 16x2 LCD screen, providing immediate visualization for healthcare providers. Alerting The automated alerting mechanism, triggered by critical temperature readings, effectively notified doctors through SMS notifications using the SIM800L GSM modem. This feature proved to be crucial in ensuring timely intervention and patient care, highlighting the system's potential in enhancing patient safety.

Remote Monitoring Performance: Patient temperature data transmission to the ThingSpeak cloud platform via GSM TCP/IP protocol enabled remote monitoring and data analysis. The system's ability to provide real-time access to patient information from any location demonstrated its utility in facilitating proactive management and decision-making, particularly in telemedicine applications. **Automation of Ventilation Processes:** The integration of a geared DC motor mechanism facilitated the automation of ventilation processes, ensuring consistent and controlled compression and relaxation of the BVM ambu bag. This automation not only reduced the burden on healthcare personnel but also optimized ventilation support for the patient, enhancing overall efficiency and effectiveness.

VII. FUTURE SCOPE

Future Directions: Further research and development are warranted to optimize and refine the system's performance, scalability, and clinical applicability. Future iterations may focus on enhancing sensor accuracy, improving alerting mechanisms, integrating additional monitoring parameters, and exploring interoperability with existing healthcare systems.

Internet of Things (IoT): Integration with IoT enables continuous monitoring of patient data in real-time, allowing for timely interventions.

Artificial Intelligence (AI): AI algorithms can analyze patient data to predict deteriorations or adjust ventilator settings for personalized care.

Data Analytics: Collecting and analyzing patient data can lead to better treatment plans and improved outcomes.

Automation: Automated adjustments to ventilation settings based on patient condition can reduce the workload on healthcare providers.

Safety: Enhanced safety features, such as alarms for anomalies or disconnections, can prevent critical incidents.

Telemedicine: Smart ventilators facilitate telemedicine, allowing doctors to monitor patients from a distance and make informed decisions.

Home Care: Patients can use these ventilators at home under remote supervision, improving their quality of life and reducing hospital stays.

The future scope for a smart ventilator with a patient monitoring system is vast and promising. Advancements in technology, increasing healthcare needs, and a growing market all indicate a strong potential for such a project. Addressing challenges through innovation and collaboration can lead to improved patient care, reduced healthcare costs, and better health outcomes on a global scale.

VIII. CONCLUSION

In conclusion, the results and discussion of the Smart Ventilator with Patient Monitoring System underscore its potential as a valuable tool in modern respiratory care. By combining advanced monitoring technologies, automated alerting mechanisms, and remote monitoring functionalities, the system offers a comprehensive solution for improving patient outcomes and enhancing the delivery of healthcare services in diverse clinical settings. The designed and developed a comprehensive system that integrates cutting-edge ventilator technology with advanced patient monitoring capabilities. This system not only aims to improve the efficiency and accuracy of patient care but also enhances the overall experience for healthcare professionals. The Smart Ventilator with Patient Monitoring System represents a significant step forward in critical care technology. It not only addresses the immediate needs of patients requiring respiratory support but also empowers healthcare providers with comprehensive data and control. This system embodies the principles of precision medicine, connectivity, and efficiency, ultimately leading to improved patient outcomes and a more effective healthcare

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